

**Slow  
Down in  
Our Streets**

**Stylish  
Autumn  
Homewares**

# Amanda Mifsud

## THE ENTERPRISING WOMAN

### Perfect Pout

Just like we nourish our faces, our lips should not be forgotten this winter. Dry indoor air combined with rough weather leads to chapped and dry lips. To avoid this, try using Clean & Pure lip balms, which are made from naturally derived ingredients that nourish the lips. With honey and extra virgin olive oil, the lip balms are packed with nourishing vitamins and minerals that help moisturise lips while protecting them from the elements. Available in a range of scents, there is something for every fruity flavour you're feeling.



Fashion & Beauty

### Mums: How to Dress to Impress

Isabella Ross

Mums are the champions of the household. Constantly on the go, there is no question that fashion can sometimes be pushed aside in their chaotic lives. So forget the sweat pants and explore these age-appropriate fashion trends that will leave you feeling fabulous.



### Stock up on Staples

When it comes to heading off to work, running after the kids, cooking a meal or doing the school drop off, it is definite that both working and stay-at-home mums live busy lifestyles. Having wardrobe staples that easily coordinate with other pieces, are good quality and are made of comfortable fabrics will make you look put together without the effort. Options include the classic sweater, linen pants, blazer and silk mid-skin. Reliable and versatile - what's not to love!

brands from the likes of Lovisa to more high-end retailers like Mincos are presently offering some lovely pieces - maybe even suggest to the kids or hubby that earrings would make a great Mother's Day present!



### Accessorising is Gospel

To elevate any outfit, accessorising is the way to go. For these cooler months, opt for a scarf or pashmina as the draping effect of the material shapes the body well. Animal print is also on the market, implemented stylishly through sandal slides or a belt. In terms of trending colour palettes, taupe, butterscotch beige and navy blues are currently hot on the catwalk.

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winter blues while feeding your skin from the outside in.

to give you a healthy glow. With shea butter, coconut and vitamin E, natural vitamins and fatty acids help combat dry skin while protecting the skin's natural oils.

### Skin Food Serum

We treat our bellies with fresh wholesome food, so why not do the same for our skin. Skin Food by Amazing Oils is a brightening serum that feeds the face. With fine minerals that aim to hydrate skin, this serum will sink into the layers of your skin and combat the cold weather with a refreshing formula. Packed with nutrient dense ingredients, your skin will be left feeling soft and refreshed.



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